



**academie DUELLO**  
CENTRE FOR SWORDPLAY

# WEEKLY SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00	SwordFit		SwordFit		
5:30					
6:00	Beginner Longsword	Beginner Rapier	Beginner Longsword	Beginner Rapier	Free Trial Class 1st - Archery 3rd - Sword
6:30	Polearms Focus	Longsword Mastery French Combatives	Monthly Focus	Sidesword Focus	
7:00	Longsword Mastery	Rapier Mastery	Longsword Mastery	Rapier Mastery	Open Floor 1st & 3rd Open Range 2nd & 4th
7:30					
8:00	Applied Combatives	Applied Combatives	Applied Combatives	Applied Combatives	
8:30	Clinic	Clinic	Clinic	Clinic	
9:00		Start Kali - Maelstrom Kali Stick - Maelstrom		Start Kali - Maelstrom Kali Stick - Maelstrom	
9:30					

	SATURDAY	SUNDAY
10:00	Beginner Longsword	Advanced Kali - Maelstrom
10:30	French Combatives	
11:00	Knight Academie	Pencak Silat - Maelstrom
11:30		
12:00		
12:30		
1:00	Beginner Archery	Fight Lab - Maelstrom
1:30		
2:00	Archery Fundamentals	
2:30		
3:00		
3:30		

MONTHLY FOCUS TOPICS
<p><b>OCTOBER</b></p> <p><b>Abrazare:</b> Build your wrestling skills from unarmed to dagger. Apprentice and scholar skills will be covered.</p>
<p><b>NOVEMBER</b></p> <p><b>Weapon Flow:</b> Learn to flow with grace and fluidity with the longsword, sidesword, and poleaxe</p>
<p><b>DECEMBER</b></p> <p><b>Abrazare:</b> Build your wrestling skills from unarmed to dagger. Apprentice and scholar skills will be covered.</p>