



TEAM BUILDING - CONFERENCES STAFF PARTIES - CELEBRATIONS HOLIDAY PARTIES



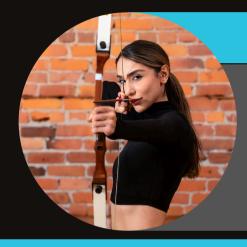


TEAM ADVENTURES

2-40 PEOPLE

FAST PACED

Bring your group of 2 to 40 people for an exciting one to three hour medieval team-building experience. Shoot bows, swing swords, or throw axes, all with the guidance and instruction of our experienced facilitators. Dive into a unique adventure that will be new to everyone on your team!



THE ARCHER

From the depths of Sherwood Forest to the fields of Agincourt, prepare yourself to take up the mantle of "Archer"! Take a crash course in the history of this ancient weapon, and the skills required to wield it. We provide students with bows, arrows, and expert archery training. Engage in individual competition, mini-teams, or keep it collaborative by learning trick shooting!

THE AXE THROWER

Channel your inner viking warrior by hucking axes at Vancouver's only indoor range. Hitting the bullseye with an axe is a powerful experience and our coaches will help every member of your team throw their best! Engage in group and individual competitions, and learn trick throws like reversed, two-hand, and two at once! Axe throwing is epic fun!



THE SWORD CUTTER

Need to get some stress out? Have you tried taking revenge against butternut squashes? Get the chance to cut, chop, and stab winter squash with real medieval weapons! You'll be immersed in the history of swords, as well as pole-axes, spears and knights, while receiving professional instruction from our staff. Authentic weapons and safe sword-slashing fun!



THE WARRIOR

Join us for an immersion in the history, skills, and training of the medieval knight. From grappling and two-handed swords, to pole-axes and back again. You'll get to try on armour, have a private tour of our historical Arms & Armour museum, and stage a mini movie fight with your teammates. This is a fun and immersive learning experience that is exciting and collaborative.

THE TOURNAMENT

Dive into a medieval tournament, pick your champions, and crown your victor! Your team will learn the skills of the medieval warrior: fundamental attacks, defences, postures, movement, and strategy. Your group will then divide into mini teams, select and armour up your champions, and then send them into battle until only one remains! We use protective gear and synthetic swords to make this a fun and safe adventure for all physical abilities.





THE DUELLIST

Learn the graceful and fast paced art of fencing with the Renaissance rapier, sword of the musketeer! Your team will get a crash course in the art of duelling including thrust & parry, fast footwork, and quick wits. When you've honed your abilities, we'll set you up to fight a duel against our skilled champion, or members of your team.

This is a great adventure for those who want something fast paced with swashbuckling flare!

COMBO ADVENTURE

Mix and match your favourite from above to make an awesome combo adventure! If you want to throw axes and then shoot bows, or live out your Robin Hood fantasy with swords and arrows, or take a sword fighting adventure from the Middle Ages to the Renaissance, you can! Bring together your two favourites (minimum 2 hours) or combine even more for an entire day of fun with weaponry!





THE MEDIEVAL FESTIVAL

LARGE GROUPS

ENTIRE SPACE

FOOD & GAMES

Groups of up to 120 can book the entire space for a 3- to 4-hour immersive festival. Participants explore interactive stations including archery, axe throwing, and our hands-on medieval museum, moving freely between activities either individually or in teams. Customize your event with optional expansions such as sword lessons, cutting demonstrations, tavern games, and food and drink.

Our base experience includes:



AXE THROWING

Learn to cast an axe down our indoor range, score points, and feel your full viking power.



ARCHERY

Shoot medieval bows and arrows into authentic British reed boss targets.



HANDS-ON HISTORY

Handle historic swords, try on armour, get epic shots, and connect with history through our expert guides.



UNLOCK MORE FUN

Even more activities means even more fun. Great for large groups and to make your experience even more unique and engaging:

Swordplay

Knight or Musketeer Training:

Authentic swordplay with two-handed swords or rapiers. Learn posture, movement, attack, and defense, based on historical techniques. Do it for fun or have a competition at the end.

Medieval Battle:

Learn techniques, fight duels, and organize into teams for foam sword battles. We make it safe, high paced, and silly fun!

Sword Games

Rapier Candle Snuffing: Participants will learn to wield a rapier and attempt to snuff out candles lined up in front of them, honing their lunging and stabbing skills.

Squash Smash: After learning cutting techniques with medieval weapons, participants will get to slash, chop, and stab winter squash in a safe, exhilarating manner.

Tavern Games

A self-directed play area with classic favourites. Ideal for those in your group who want to engage more casually.

Hammerschlagen: A nail-pounding race where 6 - 10 people take turns hammering nails to see who is fastest.

Giant Jenga: Pull the blocks from the stack, balance the tower, and don't let it fall.

Darts: A dartboard for casual play and mini-tournaments.

Knight Performance

Add a theatrical flare with a knight in shining armour! Our armoured hero will engage with participants, pose for photos, demonstrate their swordplay skills, challenge guests to duels, and contribute to your event's storyline.













CULINARY QUESTS

Bring delicious delights to your adventure through our on-site Café Duello or through one of our catering partners.

Smoothie Bar

\$10 per 16oz smoothie / \$12 per 20oz smoothie. Smoothies will be prepared in advance to ensure attendees can enjoy them upon arrival.

Savoury and Sweet Pastries + Drinks:

\$14 per person (2 pastries and a cold drink per person).

A variety of pastries, including crostata di pizza, chocolatine, almond brioche, and fresh fruit danishes, along with coffee, tea, and a selection of canned drinks.

Open Cafe Bar

Enjoy made-to-order espresso drinks, coffee martinis, chai lattes, and more. Average cost: \$5.50 per drink (tab kept during the event).



CELEBRATIONS & CEREMONIES



Perfect for parties, commemorations, and social events. Customize your event with themed decorations, entertainment, and activities that bring people together in a fun, festive atmosphere.

We can integrate our amazing adventures around your own team activities. Move between speaking engagements and team-building, to adventures and dancing.

Give us a call and we'll work with you to build an epic corporate event!



CONFERENCES & COLLABORATIONS



Our beautiful centre is ideal for meetings, lectures, and summits. We provide tailored settings for productive discussions, presentations, and networking opportunities in a professional and unique environment. Take over Café Duello or host your party in our medieval museum.



WHAT THE REALM SAYS



"We've done a lot of teambuilding events, but nothing compares to this one. The medieval theme, coupled with engaging activities, made it a memorable day for everyone."

– Jason T.



"The entire event was organized so well. From the archery lessons to the swordfighting sessions, every part of the day was a hit with our team. We're already planning our next visit!"

– Rachel K.. HR Specialist



"We had an absolute blast!

The activities were fun and challenging, and the environment was beautiful.

We'll definitely be back for another event!"

– Steven M. Senior Developer



"An unforgettable experience! The instructors were fantastic, and the activities really pushed us out of our comfort zones. It was the best team-building event we've ever had."

– Carla N. Team Leader

LET THE ADVENTURE BEGIN!



Call or email us today to begin designing an amazing event for your company or team. We'll work with you to select the options that will most excite and engage your group while meeting your budget.

We have more than 20 years of experience working with participants of all ages, abilities, and backgrounds. We'll give your group an experience they'll remember fondly for years!



Academie Duello Centre for Swordplay is the world's largest centre for the study and practice of European martial arts. Operating since 2004, our award winning school is located at 412 W. Hastings Street in downtown Vancouver, Canada. With over 7500 sqft of floor space, our centre includes axe throwing lanes, archery ranges, classroom and event space, plus a gift shop, pro shop, and cafe.





ABOUT OUR PROGRAMS

Academie Duello offers award-winning programs for people of all ages, skill levels, and interests. From epic adventures for groups from 2 to 120, to in-depth martial arts programs for those seeking to master the arts of medieval and Renaissance Europe. Our offerings include swordplay, polearms, wrestling, archery, axe throwing, and more. Everything we teach is based within an authentic European martial tradition and our instruction team includes world renowned experts and researchers. We are pros at offering a safe, exciting, and enriching experience for teams of all kinds.









